

RMBJJF Women BJJ Club

We would like to start a Women Jiu Jitsu club, girls from all the schools can meet twice a month to roll and train to help better their skills, and help each other to bring out the best they can be. This is a great chance to roll with a larger variety of women in weight and skill level. We believe that this will actually help the women to participate more in the local schools and this would help to fill in a void and can also be an extension for the academy women program.

We are contacting the schools and women to see if they would be interested in this club and to see which schools would be interested in holding a roll day at their gym. It would be on a Saturday or Sunday afternoon at different academies so all the women will have a chance to come to a roll day close to their home.

One of us will come to the roll nights and give each girl a raffle ticket for a drawing at the end of the year for some cool prizes. We will also be there to help make sure it starts off in the right direction, welcome new comers and make sure they follow the rules of the club.

RMBJJF Women BJJ Club Rules

Please pay special attention to the rules as if they are broken the club may go down. Anyone breaking the rules will be asked to leave and may be banned from the club.

1. No gossiping allowed!!!
2. No advertising your own academy. We will know if anyone has advertise as it will leave a trail. If you advertise your own academy, the academies will not want to participate and their will be no club.
3. Respect the academy and follow it's rules, no attitudes or bad behavior.
4. Leave all egos at home. If the women will not compete with each other at a tournament, then they should not be a part of the club, as this will destroy the women divisions in Denver. You may make friends but the club is about bringing out the best in each other and not about afraid of hurting your friends' feelings. Instead help your friend by training the best that you can. If Denver has a large women division, women will travel to compete in the tournament and give you larger divisions, etc.
5. Club time is about training and not about socializing as we will only have a short time on the mat. However, we can meet for lunch or coffee afterwards to socialize.

RMBJJF Women BJJ Club Poll

Would you come to the RMBJJF Women BBJ Club?

a) yes

b) No

Why _____

If you would like to be a part of the club, please fill out our contact info and we will inform you about the new club.

Full Name _____

School _____ City _____

Email _____ Phone _____

Weight _____ Gi Skill _____ No Gi Skill _____

Important!! This will let us know if we will start this club or not, depending on the results.

Copy from the "RMBJJF Women BJJ Club Poll", and paste into your email and send this to jz@rmbjif.com

Thank you for your time and we hope that this will work out, your opinions count so if you have any other suggestions, please let us know.